



Episode 1 - Maintaining Peace in Relationships

Welcome to our new podcast.

Being in relationships with others is not always easy. Today, we're talking about maintaining peace in your relationships. We will address some of the common obstacles we face and give practical helpful tools.

The Bible talks a lot about what we call "the one another" passages. Here are a few:

- "...Love one another..." (John 13:34)
- "Accept one another, then, just as Christ accepted you..." (Romans 15:7)
- "...Be patient, bearing with one another in love." (Ephesians 4:2)
- "Be kind and compassionate to one another..." (Ephesians 4:32)
- "...Forgiving each other..." (Ephesians 4:32)
- There are 60 "one another" passages in the New Testament

Biblical Concept/Passages

Ephesians 4:1-3 - *I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace.*

Romans 12: 18 - *If it is possible, as much as depends on you, live peaceably with all men.*

Truth Model

DISCLAIMER: We are not sure who created this model, nor are we sure that the following is exactly as it was created. However, we find this basic concept helpful.

T - Triggered Event

R - Wrong thinking

U - Unhealthy (sinful) response

T - Apply the truth

H - Healthy (Christ-like) Response

We do want to hear from you so if you have a question, you can email us (rinfo@Rlministries.org) or leave a comment.

Action Steps

- Download our [show notes](#)
- Take some time on your own to review the passages we covered and
- Leave a comment

Thanks for Listening!

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