



Episode 4 Show Notes - Uncovering the Truth About the Lies We Believe Pt. 2

Is your perception of yourself accurate? How you perceive yourself may or may not be in agreement with God's perception. We have all received messages throughout of lives that have contributed to how we see ourselves. Some of these messages are good, Others are destructive. Join Tim and Elaine Russo as they discuss the importance of recognizing the sources of the lies we believe. And, how we can separate ourselves from these lies. This is part 2 in a 3-part series.

Biblical Concept/Passages

Scriptural Context:

- **Genesis 3:7-13**
- The Matrix (scene of Morpheus explaining what the Matrix is):
<https://www.youtube.com/watch?v=qedAzTA8nY8>
- The Bible describes our lost condition pretty vividly. Let me read some of these instances: I am born an enemy of God (Rom. 5:10) For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life.
- I am born into a world of lies, and in bondage to them (Gal. 4:3-4) Even so we, when we were children, were in bondage under the elements of the world. 4 But when the fullness of the time had come, God sent forth His Son, born of a woman, born under the law
- I am a slave to sin (Rom. 6:5-6) For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection, 6 knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin.

- I have no power to change my condition (Rom. 8:12-25)

2 Corinthians 3:14-16

John 11:43-44

Romans 12:1-2

Ephesians 4:17-24

2 Corinthians 3:6-18

Philippians 4:8

Action Steps

- Download your Free PDF Worksheet
- View Worksheet #2 and Follow the instructions.
- Leave a review in your podcasting app
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Resources

Paul Tripp's quote from Book: [Dangerous Calling](#) by Paul David Tripp.

Book: [Raising a Modern Day Knight](#), by Robert Lewis

[18 adults reveal the most damaging things their parents said to them when they were children](#)

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