



Uncovering the Truth about the Lies We Believe Worksheet #2

Pray this verse as a prayer:

Psalm 119:133-134 - *Direct my footsteps according to your word; let no sin rule over me. Redeem me from human oppression, that I may obey your precepts.*

In the chart below, list your current agreement (lie) on the left side. Then, list the truth replacement on the right side.

Current Agreement (Lie)	Truth Replacement
Example: <u>Your value is based upon how well you do in life</u>	<u>Your value is defined by God, not by your performance</u>
<u>Lie:</u>	<u>Truth:</u>

How would believing the truth change your response?

How would you think differently about yourself?

What different reactions would you have?

How would you behave different toward others?

How would your thoughts about the other person change?

Uncovering the Truth about the Lies We Believe Worksheet #3

Read **Psalm 23**. Imagine watching a video of the Lord walking with you through these verses.

The Lord is my shepherd; I shall not want. He makes me to lie down in green pastures; He leads me beside the still waters. He restores my soul; He leads me in the paths of righteousness For His name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me.

You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over. Surely goodness and mercy shall follow me All the days of my life; And I will dwell in the house of the Lord Forever.

Where do you think the lies you have believed came from?

Source of Lies:	Source of Truth:
<ul style="list-style-type: none"> The Enemy (accusations, negative identity) 	<ul style="list-style-type: none"> God's Word
<ul style="list-style-type: none"> The World (Culture, upbringing) 	<ul style="list-style-type: none"> God's people
<ul style="list-style-type: none"> Flesh (sin nature) 	<ul style="list-style-type: none"> The New Life within

Prayer of Dedication

Lord, I give you my life. I believe Jesus died for me and rose again.
I accept Your offer to become a child of God and have a new life.
Please accept me and come into my life and be my Lord.
In Jesus' Name I pray. Amen

Personal Proclamation

Today, I denounce my connection and loyalty to the lies I have believed.
Today, I exchange these lies for the truth as God reveals it.
I no longer believe these lies.

I am saying no to the enemy of my soul, the world, and my sinful nature.
I am saying yes to Jesus, His truth, and the new life He died to give me.
I agree with **2 Corinthians 5:17** – *Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.*

I proclaim that I am totally free from my past and I embrace my new future in Christ!